

## Prosternazione al sole

**ES**



fig. 1

**IN**



fig. 2

**P.P.**



fig. 3

**ES**



fig. 4

**IN**



fig. 5

**ES**

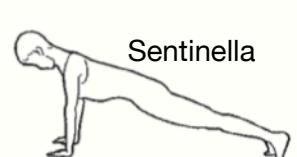


fig. 6

**IN**



Cane che guarda  
in basso

fig. 7

**ES**



fig. 8

**IN**

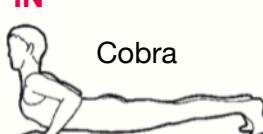


fig. 9

**ES**



fig. 10

**IN**



fig. 11

**ES**



fig. 12

**ES**



fig. 13

## RILASSAMENTO



**ES** = espirazione

**IN**= inspirazione

**P.P.** = polmoni pieni